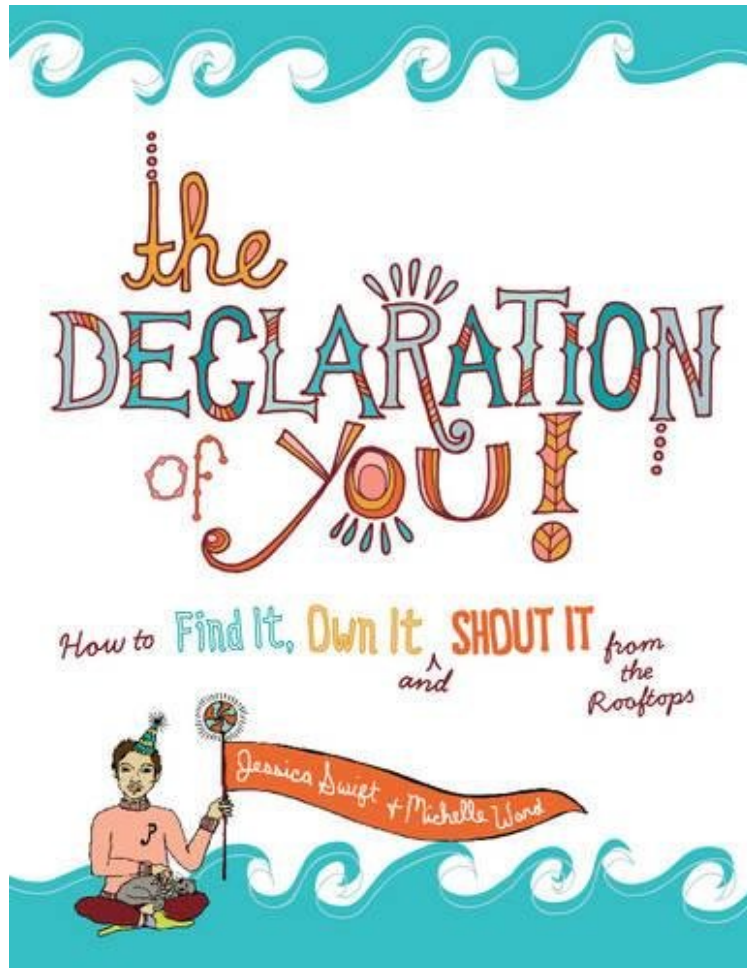


(Ebook free) The Declaration of You!: How to Find It, Own It and Shout It From the Rooftops

The Declaration of You!: How to Find It, Own It and Shout It From the Rooftops

Michelle Ward, Jessica Swift
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Michelle Ward, Jessica Swift : The Declaration of You!: How to Find It, Own It and Shout It From the Rooftops before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Declaration of You!: How to Find It, Own It and Shout It From the Rooftops:

0 of 0 people found the following review helpful. Creative Fun Approach to Discovering your Talents/Goals/Purpose in Life By Heaven's Hope I first discovered Michelle Ward on CreativeLive.com and (virtually) "attended" her class. I was TRULY impressed inspired by her creative approach to reuniting you with what you innately know to be your talents passions, ... and ultimately, your purpose in life. Since I couldn't afford to purchase the class on CreativeLive, I decided to get the book instead. It's good guides you along, (but I still have to say the live class was so much richer.) Still, the book challenges you to think through get in touch with your dormant goals (if you're one, like me, who got stuck along the way), and is worth working through if you need some coaching support. Because the live class was SO

effectual (because I'm not too fond of the artwork slick pages make them difficult to write on), I gave the book 4 stars out of 5. Thank you, Michelle! You're a blessing to many and a real sweet lady! (Follow her on Twitter! I've exchanged comments with her and she's a sharp, kind-hearted person!)1 of 1 people found the following review helpful. Couldn't be happier!By Michelle ShankSuch a great tool for really getting grounded in one's thoughts and interests. Not a spiritual application, but certainly invites getting in touch with your inner voice and helping to determine where that voice is coming from and where you want it to take you. Plus, it's just fun! A great gift at almost any stage in life, too. Keep this one on your short list.4 of 4 people found the following review helpful. Love it as my my pocket guide for self inspirationBy Nisha shahI've been reading pieces and pages of this activity book, and I have enjoyed it so far. Its not really a "book", its more of a guide of stories, activities, and ideas.

Discover Your Purpose!It's time to shed your "shoulds," and give yourself permission to step powerfully into your own passionate life. Through a series of creative, colorful exercises--questions to get the wheels turning and an encouraging kick in the pants--you will get all the loving support you need to discover how you are unique and uncover what you are meant to do!Discover It (list-making explorations), Own It (inspiring interviews with highly successful individuals) and Make It (fun and crafty projects) sections offer an in-depth look at who you are and the amazing places you'll go. Every life topic is explored here: Enthusiasm, Celebration, Uniquity, Trust, Intention, Self-Care, Success and Money, so you know Jess and Michelle have you covered!Self-affirming declarations in each chapter keep you motivated while you discover more and more about the wonderful person you are. It's time to see a new perspective. It's time to find The Declaration of You!

About the AuthorMichelle Ward, CPC, PCC and - most importantly! - The When I Grow Up Coach, has coached hundreds of creative people to devise the career they think they can't have (or discover it to begin with)! A Professional Certified Coach by the International Coach Federation, a musical theater actress with her BFA from NYU/Tisch, and a Corporate America escapee, she's served as an expert source and contributor for Newsweek, Forbes, Psychology Today, Yahoo! and AOL Jobs as well as speaking at SXSW, The World Domination Summit and the Etsy Success Symposium. You can find her coaching, blogging, and being amazeballs at whenigrowupcoach.com. Jessica Swift is an artist and surface designer in Portland, Oregon who wants to fill the world with color, quirky + happy artwork, and vibrant patterns. She licenses her work to a variety of companies, including Case-Mate, Blend Fabrics, and TeNeues Publishing, and she also makes a wide variety of bright, patterned products in her own studio. Jessica also launched her first line of patterned rain boots in 2011, through a wildly successful Kickstarter campaign to fund the project. Her motto is majorly simple: Live Color to the MAX! Because when we surround ourselves with color + beauty, we start to love ourselves - and each other - just a little bit more. You can find her selling colorful goods, blogging, and living colorfully at jessicaswift.com.