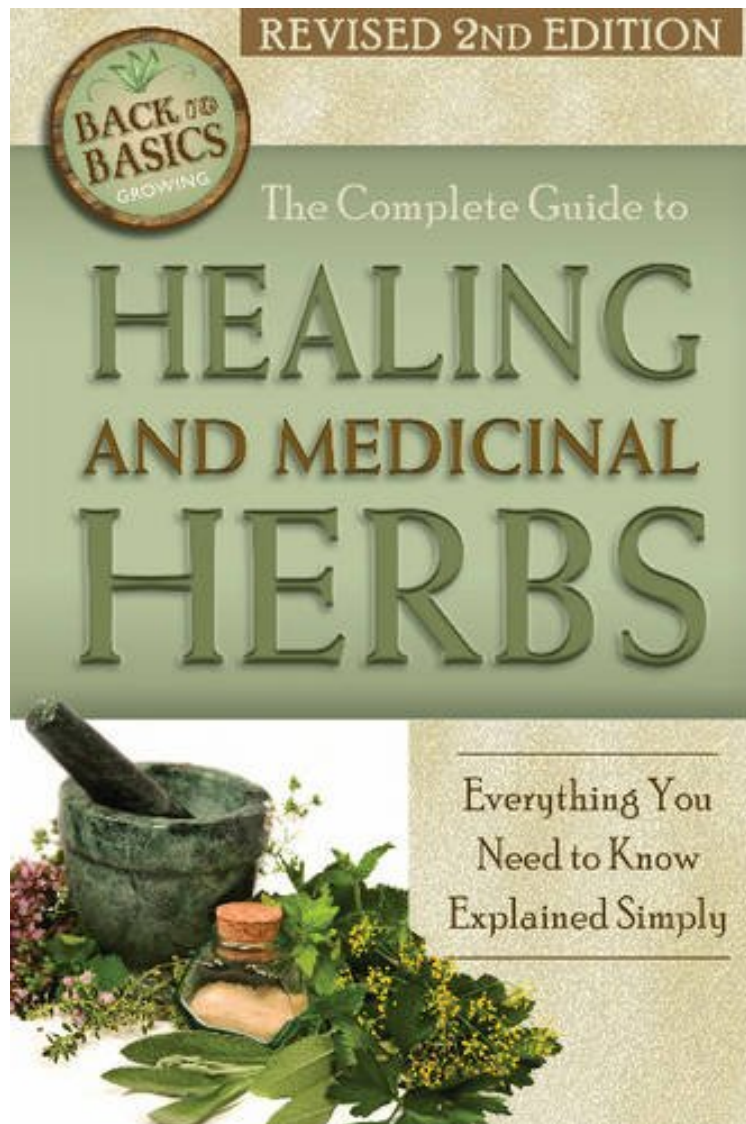


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## The Complete Guide to Healing and Medicinal Herbs: Everything You Need to Know Explained Simply (Back to Basics)

Wendy Vincent

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Wendy Vincent : The Complete Guide to Healing and Medicinal Herbs: Everything You Need to Know Explained Simply (Back to Basics) before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Complete Guide to Healing and Medicinal Herbs: Everything You Need to Know Explained Simply (Back to Basics):

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Packed with new information, this book provides all of the basics of healing herbs, beginning with a complete breakdown of the numerous healing herbs known to be easily cultivated in temperate climates. Matching the right herbs to your region, you will then be able to start learning: how herbs grow what they need from the soil, water, the weather, and feeding which pests are most likely to appear with each plant which conditions are best for your herbs, from indoor potting to outdoor containers, or in-ground fields. Learn how you can make a number of common treatments for various ailments with your herbs and how you can benefit best from your new found garden.

About the Author Wendy M. Vincent is a freelance writer with a background in corporate communications, public relations, event planning, and project management. She holds a bachelors degree in communications with a minor in international languages and cultures as well as masters degree in liberal studies. In addition to being a regular contributor to Renaissance Magazine, she also writes for several online travel-related publications from her home in the Connecticut woods. Her other titles include an upcoming travel guide to Mystic, Conn. (Channel Lake, 2011). Descended from generations of home gardeners and farmers, Vincent has a yard abundant in perennial and vegetable gardens. Additionally, she has created a dedicated herb garden to use for cultivating healing and medicinal herbs for personal and family use. She uses her homegrown herbs in everyday cooking and to treat common ailments. Vincent has an extensive book collection on herbs and has attended numerous workshops, classes, and festivals dedicated to growing and using herbs.