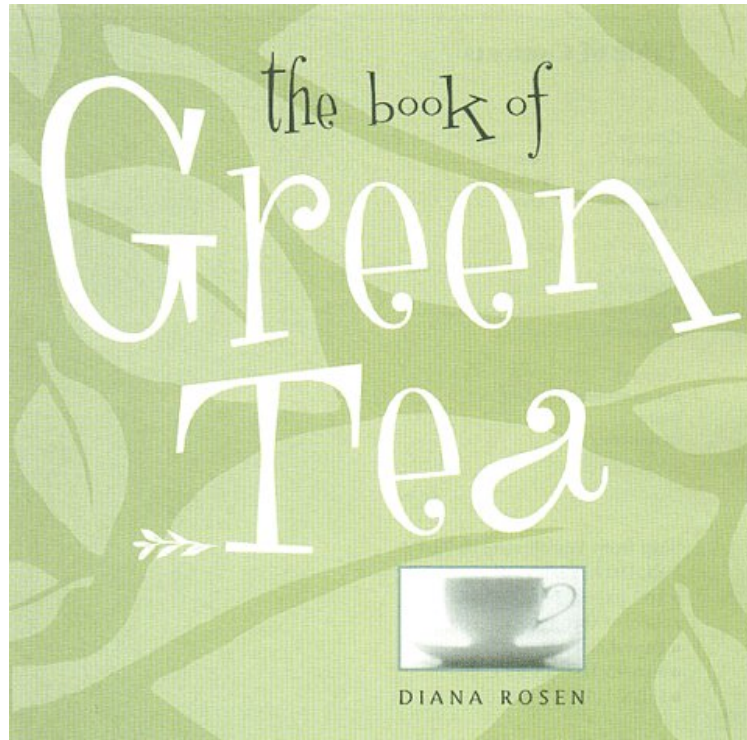


[Free and download] The Book of Green Tea

The Book of Green Tea

Diana Rosen

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#2450332 in Books Storey Publishing, LLC 1998-01-12Original language:EnglishPDF # 1 7.48 x .36 x 7.42l, #File Name: 1580170900160 pages | File size: 42.Mb

Diana Rosen : The Book of Green Tea before purchasing it in order to gage whether or not it would be worth my time, and all praised The Book of Green Tea:

10 of 11 people found the following review helpful. Terrific guide to green tea.By danica21I think this book is great. It has wonderful information, details a great variety of teas, and is smart in its discussion of history, lore, utensils, brewing vessels. The reason I'm not giving it 5 stars is that she doesn't discuss the techniques of pouring water into and onto tea, which are so important to proper brewing. If using a gaiwan, you are supposed to pour the water along the sides so that it doesn't directly hit (and potentially overheat) the leaves. If using a small teapot you are supposed to pour the water into the cups you will be using, to cool it down, and from the cup into the kyusu or teapot. If using a modern glass infuser teapot, especially larger sizes, you are supposed to fill the pot half full of water, immerse the infuser with leaves into the water, then pour the rest of the water down the side of the infuser and into the pot. This will guarantee the leaves aren't overbrewed and that the brew will be even. Other than that I found the book a real delight, even if you know a lot about green tea.5 of 5 people found the following review helpful. Another excellent Storey BookBy Bill OtersonMs. Rosen does an excellent job of enticing the uninitiated with her descriptions of the varied pleasures of tea; there was just so much I was unaware of. This book is chock full of information, lore, recipes and health benefits of the many, many different teas. Being a new devotee, I especially found the resources section of immeasurable value.0 of 1 people found the following review helpful. NOT CONTEMPORARY:By WilliamGood reading: Getting aged (over ten years).

Everything you ever wanted to know about green tea! This fun and informative book explains every aspect of green tea: where it grows, how it's processed, its history and lore, how to drink and cook with it, and how to use it for beauty and health purposes.

From the Back Cover Experience Therapy in a Cup Enhance your life with the great versatility and healthful benefits of this tea of the ancients. From bath salts to ice cream, this traditional Asian beverage can be used in dozens of ways to relax the mind, strengthen the body, and soothe the soul. In *The Book of Green Tea*, you'll discover: * How to blend, brew, and appreciate more than 120 varieties of green tea * Up-to-date information on the health benefits of drinking green tea * Recipes for cooking with green tea and making green tea bodycare products * Rich green tea history, poetry, lore, and traditions from around the world