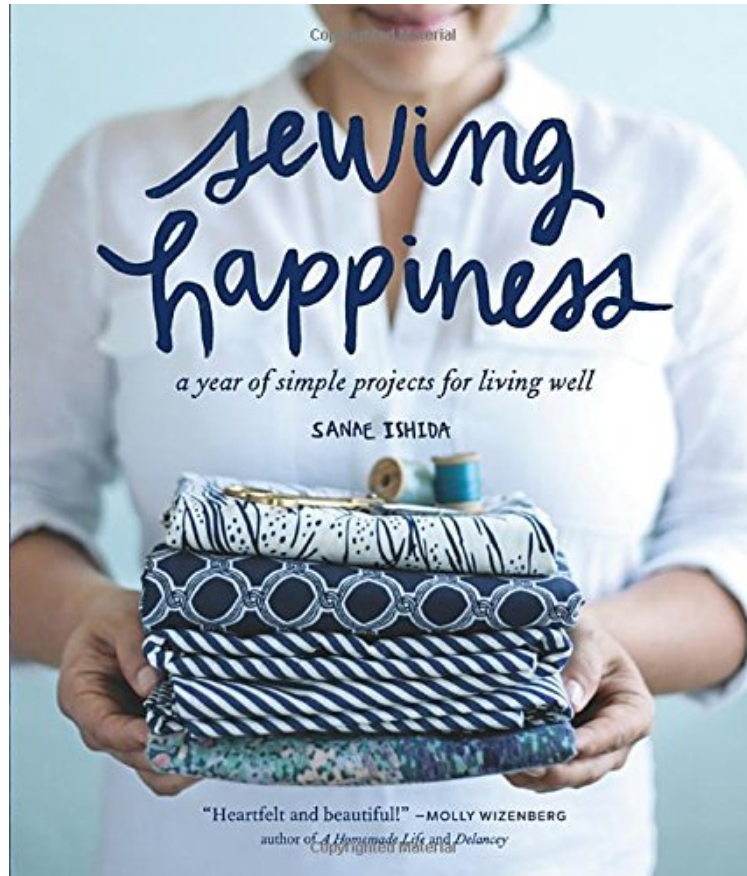


[Free download] Sewing Happiness: A Year of Simple Projects for Living Well

Sewing Happiness: A Year of Simple Projects for Living Well

Sanae Ishida

**Download PDF / ePub / DOC / audiobook / ebooks*



[Download](#)

[Read Online](#)

#62641 in Books Ingramcontent 2016-04-19 2016-04-19Original language:EnglishPDF # 1 8.50 x .80 x 7.33l, .81 #File Name: 1570619956240 pagesSewing Happiness A Year of Simple Projects for Living Well | File size: 37.Mb

Sanae Ishida : Sewing Happiness: A Year of Simple Projects for Living Well before purchasing it in order to gage whether or not it would be worth my time, and all praised Sewing Happiness: A Year of Simple Projects for Living Well:

0 of 0 people found the following review helpful. Really enjoyed reading about the author's journey back to wellnessBy JamericanReally enjoyed reading about the author's journey back to wellness, it was inspirational. The projects are beautifully presented, though I do wish the diagrams with the instrucion would have been actual photographs rather than stick figures as the photography in the rest of the book was so well done. I am still glad to have this in my collection.2 of 2 people found the following review helpful. Wonderful directions.By pacpalMany interesting projects to sew.. haven't sewed yet, but will in the future. Wonderful directions.0 of 0 people found the following review helpful. A must-have bookBy LookingpastFantastic book!!!! Love the layout, with all the stories and essays up front, and all the projects grouped together in the back.

Twenty simple sewing projects are tied together with a thread of memoir that tells the story of how sewing brought Sanae Ishida profound happiness. Each seasonal project, specially designed to promote health, creativity, relationships and more, provides gentle inspiration to live your best life. When Ishida was diagnosed with a chronic illness and lost her corporate job, she thought her life was over. But these challenges ended up being the best thing that ever happened to her because they forced her to take stock of her life and focus on the important things, and enabled her to rediscover sewing--her true passion. Inspired to succeed at just one thing, Ishida vowed to sew all of her daughter's clothes (and most of her own) for one year. Sewing Happiness includes 20 projects plus variations (including Japanese-inspired home goods and childrens and womens clothing) organized by season, and stitched together with Ishidas charming personal story.

2016Homemaker MagazineBest Home Sewing Book Award WinnerIn a world of Pinterest-perfect styling and overposed, overedited sewing blog photos, Ishidas honesty is refreshing, and her thoughtful musings on the importance of taking a breakwhether to sew, enjoy family, or simply appreciate our livesare a delight.Library JournalSewing Happiness: A Year of Simple Projects for Living Well by Sanae Ishida features 20 simple sewing projects tied to Ishidas memoir of living with chronic illness, and all are designed to promote health, creativity, and inspiration.Publishers WeeklyThrough a year of threading and hemming, [Sanae] Ishida produced all her daughters (ridiculously fashionable) clothes, some garments for herself as well as household crafts. In her new book, Sewing Happiness, she stitches together a memoir, a delightful medley of sewing projects and a strong lesson in wabi-sabi, the concept of finding beauty in imperfection.Seattle MagazinePart sewing-pattern collection, part one womans personal tale of her self-help journey, this book aims to be as inspirational as it is useful.Booklist"You might be sewing a pattern, but confidence will also emerge on the other side of the presser foot, and that, Sanae assures, will bring you sewing happiness." Seattle's ChildIn this book, Ishida shares the emotional story of how she has overcome career struggles and health issues in her life by turning to the craft of sewing.These 20 simple, useful projects are organized by season and tell the poignant story of how [Ishida] was able to transform her life.Craft Ideas Magazine"Sewing Happiness presents a collection of simple, streamlined projects for your sewing enjoyment year round."Sew News"I could have never imagined that a sewing book could be this brilliant."StraightgrainTalk about a force to be reckoned with!Besotted BlogThis book is beautiful. Its beautifully written, beautifully styled and photographed, and beautiful to hold in your hands. Its the kind of book that you would be thrilled to receive as a gift, and even more excited to give away to someone you love.Closet Case FilesA lovely book, and very relatable if youve ever struggled with your health or with finding meaning and joy in your life. Sew Mama SewThis book is more than a collection of projects[it] is an open, honest, raw and vulnerable conversation about how making things can heal us. A Happy Stitch"One of the things I loved most about this book is the fact that its not just about crafting and sewing as a skill.Sewing Happinessactually digs down deep into the idea that crafting is a meditative, health-boosting practice that really has the power to transform how youfeel...bring on the sewing machine!"Dream Green DIY[Ishidas] book reads almost like a memoir and sewing book rolled into one; and it is so elegantly, and authentically done. Delia Creates"Sanae [Ishida] is one of those people with a generous heart, a humble spirit and lovelinessjust oozing out of her. Her words, her paintings, her carefully crafted sewing projects everything she touches has a sense of calm and beauty."You and Mie"Sewing Happiness encourages the formation of good habits[and] reminds us that productivity can lead to tranquility if practiced with intention."Kitsap Sun"This book...creates an inspiring path to happiness and health through acts of creativity"Discover Nikkei"[Sewing Happiness] is part memoir, part sewing book, and filled throughout with beautiful photography and illustrations. It is a joy to read."Cut Cut Sew"Im inspired by the beautiful styling and thoughtful, simple projects. Many of the projects would make great gifts."Crab and Bee"Sewing Happinessis very highly recommended"Midwest Book "Sewing Happinessis a beautiful and touching book about the healing power of making. Part memoir, part craft book, and all gorgeous, you won't be able to put it down."Small+Friendly"This book, unlike most other craft/sewing books, had me reading each and every page, each and every project introduction. It's moving, inspiring and of course instructional as well."Buzzmills"Sewing Happiness: A Year of Simple Projects for Living Well, is full of truly lovely and, yes,simpleprojects. The sort of projects that are pleasing to make and to live with day after day."Bolt"I love, love the format of the book a hybrid memoir and craft book. I want all my how-to books to be written this way."BesottedSo inspiring! I loved that each project had it's own story. Petit a Petit and FamilyA whole lot of fun.Falafel and the BeeI am really attracted to this aesthetic and loved the sample projects and photos in the book. Ginger Makes"Part memoir, part inspiration and part DIY craft camp,Sewing Happinessdraws readers in with an honest account of Ishidas professional failure and personal health crisis and the healing power of her passionsewing."Sally Bjornsen RepresentsA load of fun!NW Book LoversA delightful, compact and easily understandable pattern book. Bainbridge Island I utterly fell in love with it.A Playful DayTwenty sewing projects punctuate this memoir, which is refreshingly honest, and ultimately upbeat about the challenges of being a woman and a mother."EmbroideryDid somebody say hostess gift?New Jersey MonthlyUnique. Making Magazine [Ishida] has been making things most of her life. Red Tricycle Stitched together with [Sanae Ishidas] charming personal story. Creative Boom"Author and sewing enthusiast Sanae Ishida will guide you

through "Skillshare" This book is a beauty from the beginning to end - the words, the photos, the illustrations, the colors. "Groovybaby...and mama" Sewing Happiness is unique among craft books that I've seen to date, in that it is as much a biographical tale as it is an instructional sewing pattern book. "Bartacks and Single Track" Sanae is a wonderful writer in addition to being a talented, creative, and kind soul. And really, as she says: "this isn't your typical sewing book." It is so much more. "Just Add Fabric" Sewing Happiness is a beautiful book to behold, a collection of very simple sewing projects divided into seasonal categories. "Needle and Ted" Twenty simple sewing projects are tied together with a thread of memoir that tells the story of how sewing brought Sanae Ishida profound happiness. "Love to Sew" No book has described the healing and life-affirming practice of sewing more beautifully than Sanae Ishida's Sewing Happiness. "Sew News" A real gem, a lovely lovely book for anyone that sews and thinks about life and its challenges. I fully plan to make some more of the projects in this book. "Ruby Sappings" About the Author Sanae Ishida writes, sews, draws, and takes photos almost every day. She lives with her husband and daughter in Seattle. Both she and her daughter have too many handmade clothes.