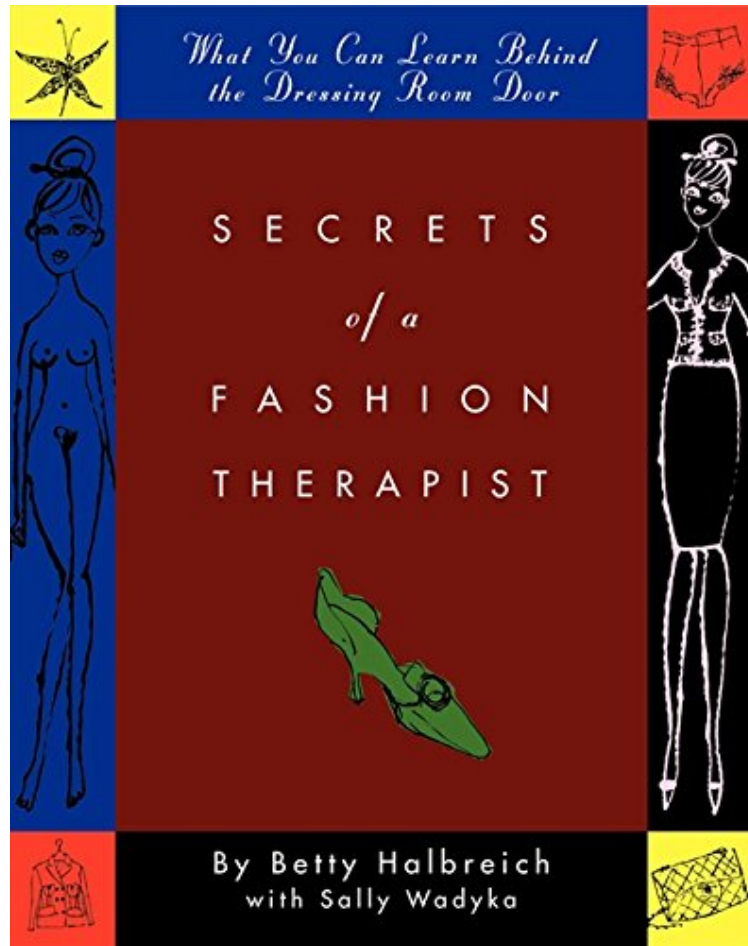


(Get free) Secrets of a Fashion Therapist: What You Can Learn Behind the Dressing Room Door

Secrets of a Fashion Therapist: What You Can Learn Behind the Dressing Room Door

Betty Halbreich, Sally Wadyka

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Betty Halbreich, Sally Wadyka : Secrets of a Fashion Therapist: What You Can Learn Behind the Dressing Room Door before purchasing it in order to gage whether or not it would be worth my time, and all praised Secrets of a Fashion Therapist: What You Can Learn Behind the Dressing Room Door:

3 of 3 people found the following review helpful. A fun book with some good suggestionsBy Ellen ClaireThe author of this book is a personal shopper at Bergdorg Goodman in New York, and she was recently profiled in New Yorker magazine. The profile was fascinating so I was curious about this book written in the '90s. It is light and fluffy, a lot of white space on every page but also you can read it in one sitting, for fun. Illustrations are also cute and humorous.I was actually hoping she would give advice on how to organize a closet and yes, she did! And it is good advice, too. She said she cleans her closets out every six months, including everything on the floor and even the shoes. Also there is advice on how to organize your socks and underwear. If you are reading this review and not impressed by the idea

of organized socks and underwear, you are nothing like me. -- Also --Betty (the author) advises that many women are not aware our derrieres flatten with age, which will affect the fit of clothes. She says if you have an ample derriere celebrate that while you have it. I'm keeping the book on my shelf for fun. 1 of 1 people found the following review helpful. there are lots of tips on looking good without spending a fortuneBy fangschwayThis is an entertaining and informative book. there are lots of tips on looking good without spending a fortune. The author has had years of experience and has dressed some famous women.0 of 0 people found the following review helpful. Halbreich Empowers Women to Find and Define Style ThemselvesBy Susan MalterBetty Halbreich was the first personal shopper or stylist at Bergdorf Goodman. Well, maybe that is not what her job was called. In any case, she delightfully describes her sense of style. Don't look in magazines. Get into the stores and find the stuff that you love to wear. This is a book that you read and wish that Betty had been your grandmother. She is fun, interesting, and empowering.

Betty Halbreich, the director of Solutions at world-famous specialty store Bergdorf Goodman, brings her shopping and dressing expertise to readers in this bestselling classic. Getting dressed every morning probably causes more trauma than anything else we do on a daily basis. No one understands this better than Betty Halbreich. She's seen firsthand that putting on clothes is as much if not more about the mind as it is about the body. Each day, her dressing room at Bergdorf Goodman is filled with women searching for something. They may think they're merely shopping for a new dress, but, as Betty knows, sometimes they're really shopping for a whole new life. Whatever these women are seeking, Betty is sure to help them find it. With simple instructions and witty asides, Betty takes her experience out of the dressing room and puts it into readers' hands. Follow her through the years and through the stores as she sheds light on such fashion conundrums as how to break up with the color black, what to wear on "Casual Fridays," what "black-tie" really means, and how to wear just about any accessory. Betty elevates shopping and dressing to an art form, yet she makes you realize how simple it really is to look fabulous. She is truly a fashion therapist, dispensing wisdom, wit, and advice on how to enhance your natural beauty, build a more confident self-image, and, most of all, have a little fun while doing it. With more than 200 black-and-white illustrations

"Behind every successful man is a woman and behind every successful woman is Betty Halbreich." -- --Isaac Mizrahi "Betty can help a woman see herself differently from what she has always perceived herself to be." -- -- Michael Kors "Betty knows exactly what a client's wardrobe needs before the client even knows she needs it." -- -- Susan Lucci "Walking across the threshold into Betty's office, I get a warm, comfortable feeling--ready to play dress-up!" -- --Bobbi Brown About the Author Betty Halbreich was born and raised in Chicago, where she started playing dress-up as soon as she was able to rummage through her mother's closet and she hasn't stopped experimenting with clothes ever since. In her thirty-plus years as director of Solutions at New York City's famed Bergdorf Goodman specialty store, Betty has helped make the world a better-dressed place by working with countless designers and showing generations of women how to create their own style. Sally Wadyka made her first fashion statement at age six, stubbornly refusing ever to wear a certain red Lacoste dress. Over the years, her taste has expanded. She has written about fashion and beauty for such magazines as Mademoiselle, Elle, Self, and Vogue.